

# **Federal Resources**

# **Federal Assistance**

- <u>Coronavirus Aid, Relief, and Economic Security (CARES) Act</u> To the extent employees are eligible for unemployment for reasons related to COVID-19, as determined by state agencies, additional funds may be available as part of a recent federal law aimed at providing economic recovery. Contact your state unemployment agency for further information.
  - https://www.dol.gov/coronavirus
  - https://www.dol.gov/coronavirus/unemployment-insurance

## **Iowa WorkForce Development**

- <u>Unemployment Insurance Benefits</u> Iowa unemployment benefits ("Benefits") may be available to
  individuals who are unemployed through no fault of their own. Click on the link below for more
  information.
  - o https://www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits

## **Iowa Department of Public Health**

- Iowa COVID-19 cases
  - https://idph.iowa.gov/News/ArtMID/646/ArticleID/158322/Additional-COVID-19-Cases-inlowa-Additional-Deaths-Confirmed-4120

## **Local Resources**

#### **Local Resources**

- <u>The City of Davenport</u> The City of Davenport is monitoring the COVID-19 situation, to get daily updates click on the link below.
  - https://davenportiowa.com/cms/one.aspx?pageId=16542535

### **Utility Assistance**

- <u>Alliant Energy</u> According to its website, Alliant Energy is temporarily suspending disconnections for all of Iowa and Wisconsin customers during the COVID-19 pandemic.
  - https://www.alliantenergy.com/More/ContentPages/COVID19

## Other

- <u>Auntbertha.com</u> Aunt Bertha's network connects people seeking help and verified social care
  providers that provide services like medical care, job training, food, financial assistance and more.
  - o https://www.auntbertha.com/

# **Alorica Resources** (for Alorica Employees only)

- Employee Assistance Program/Manage Health Network, Inc. Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
  - https://members.mhn.com/web/public/default/MyBenefits
- <u>Virtual Doctor Visit Benefit</u> If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
  - Century Health (MEC) Visit https://member.healthiestyou.com/user/sign-in and click "Register Now" or call 1-866-703-1259
  - o HPI Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
  - o BlueCross BlueShield Visit www.bcbstx.com/member or call 1-800-521-2227
- <u>Alorica PerkSpot</u> PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
  - https://alorica.perkspot.com/
- <u>PayActiv</u> (US Employees only) Alorica employees have the option to sign up for PayActiv which gives
  employees the opportunity to get financial relief between paychecks. To learn more about PayActiv
  click on the link below.
  - o https://www.payactiv.com/employees/

# **General Resources**

- <u>Centers for Disease Control and Prevention</u> About COVID-19.
  - o https://www.cdc.gov/coronavirus/2019-ncov/about/index.html
- World Health Organization Updates on Covid-19.
  - https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen
- National Association of School Psychologists Talking to Children about COVID-19.
  - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/schoolclimate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resultingfrom-covid-19?ck subscriber id=342989428%C2%A0
- <u>Financial Planning</u> Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
  - https://www.familycredit.org/resources
- National Domestic Violence Hotline 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
  - https://www.thehotline.org/help/
- National Suicide Prevention Lifeline 1 (800) 273 -8255