



COVID-19 Resource List

Durant, OK

Government Resources

Federal Assistance

- [Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#) – To the extent employees are eligible for unemployment for reasons related to COVID-19, as determined by state agencies, additional funds may be available as part of a recent federal law aimed at providing economic recovery. Contact your state unemployment agency for further information.
 - <https://www.dol.gov/coronavirus>
 - <https://www.dol.gov/coronavirus/unemployment-insurance>

Oklahoma Employment Security Commission

- [Unemployment Benefits](#) – Unemployment insurance is a temporary income intended for individuals who have experienced a loss of work due to no fault of their own when suitable work is not available. You may call 1-800-555-1554 to speak with a representative regarding filing a claim by phone or submit a claim online by clicking on the link below.
 - <https://unemployment.state.ok.us/>

Oklahoma State Department of Health

- [Mental Health Resources](#) – If you are experiencing emotional distress related to COVID-19 call the disaster distress helpline at 1 (800) 985-5990.
- [Oklahoma State Department of Health](#) – Updates on COVID-19 in the state of Oklahoma.
 - <https://coronavirus.health.ok.gov/>
- [Covid-19 Call Center](#) – 1 (877) 215-8336 or 2-1-1

Local Resources

Food Assistance

- [Durant Public Schools](#) – According to the districts office, schools are providing breakfast and lunches for children 18 and under. Click on the link below for locations.
 - <http://www.durantisd.org/>

Utility Assistance

- [Oklahoma Gas and Electric](#) – According to its website, OGE has Suspended non-payment disconnections until further notice.
 - <https://www.ogeenergy.com/covid-19-updates/>

Other

- [Auntbertha.com](#) – Aunt Bertha’s network connects people seeking help and verified social care providers that provide services like medical care, job training, food, financial assistance and more.

- <https://www.auntbertha.com/>

Alorica Resources (for Alorica Employees only)

- [Employee Assistance Program/Manage Health Network, Inc.](#) – Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
 - <https://members.mhn.com/web/public/default/MyBenefits>
- [Virtual Doctor Visit Benefit](#) – If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Century Health (MEC) – Visit <https://member.healthiestyou.com/user/sign-in> and click "Register Now" or call 1-866-703-1259
 - HPI – Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
 - BlueCross BlueShield – Visit www.bcbstx.com/member or call 1-800-521-2227
- [Alorica PerkSpot](#) – PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
 - <https://alorica.perkspot.com/>
- [PayActiv \(US Employees only\)](#) – Alorica employees have the option to sign up for PayActiv which gives employees the opportunity to get financial relief between paychecks. To learn more about PayActiv click on the link below.
 - <https://www.payactiv.com/employees/>

General Resources

- [Centers for Disease Control and Prevention](#) – About COVID-19.
 - <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>
- [World Health Organization](#) – Updates on COVID-19.
 - <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen>
- [National Association of School Psychologists](#) – Talking to Children about COVID-19.
 - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck_subscriber_id=342989428%C2%A0
- [Financial Planning](#) – Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
 - <https://www.familycredit.org/resources>
- [National Domestic Violence Hotline](#) – 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224
 - <https://www.thehotline.org/help/>
- [National Suicide Prevention Lifeline](#) – 1 (800) 273 -8255