

Government Resources

Federal Assistance

- <u>Coronavirus Aid, Relief, and Economic Security (CARES) Act</u> To the extent employees are eligible for unemployment for reasons related to COVID-19, as determined by state agencies, additional funds may be available as part of a recent federal law aimed at providing economic recovery. Contact your state unemployment agency for further information.
 - https://www.dol.gov/coronavirus
 - https://www.dol.gov/coronavirus/unemployment-insurance

New York State Department of Labor

- <u>Unemployment Benefits</u> Unemployment insurance (also known as UI) is a program that provides temporary cash benefits to employees who lose their jobs. If you have worked in New York State within the last 18 months and lost your job through no fault of your own, you may be eligible for UI.
 - https://applications.labor.ny.gov/IndividualReg/

New York Department of Health

- DOH What you need to know about COVID-19.
 - https://coronavirus.health.ny.gov/home
- COVID-19 Hotline 1(888) 364-3065

Local Resources

Local Assistance

 <u>Child Care</u> – If parents and/or essential workers need childcare, please contact Family Enrichment at referrals@familyenrichment.org.

Utility Assistance

- New York State Electric and Gas Corporation According to its website, NYSEG has suspended late payment charges and has suspended all disconnections for non-payment.
 - https://www.nyseg.com/wps/portal/nyseg/home/!ut/p/z1/04_Sj9CPykssy0xPLMnMz0vMAfIjo8 zijQ19XT1MnA38_H38jQwCDbzcLS1Dg4xdvUz1wwkpiAJKG-AAjgZA_VFgJThMcAw2hSrAY0ZBboRBpqOilgB34GEx/?1dmy¤t=true&urile=wcm%3apath %3a%2Fnysegagr_account%2Faccount%2Fnc_waystopay%2Fhelpwithbill%2Fhelpwithbill

Other

- <u>Auntbertha.com</u> Aunt Bertha's network connects people seeking help and verified social care
 providers that provide services like medical care, job training, food, financial assistance and more.
 - https://www.auntbertha.com/

Alorica Resources (for Alorica Employees only)

- <u>Employee Assistance Program/Manage Health Network, Inc.</u> Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
 - https://members.mhn.com/web/public/default/MyBenefits
- <u>Virtual Doctor Visit Benefit</u> If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Century Health (MEC) Visit https://member.healthiestyou.com/user/sign-in and click "Register Now" or call 1-866-703-1259
 - o HPI Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
 - o BlueCross BlueShield Visit www.bcbstx.com/member or call 1-800-521-2227
- <u>Alorica PerkSpot</u> PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
 - o https://alorica.perkspot.com/

General Resources

- <u>Centers for Disease Control and Prevention</u> About COVID-19.
 - o https://www.cdc.gov/coronavirus/2019-ncov/about/index.html
- World Health Organization Updates on Covid-19.
 - o https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen
- National Association of School Psychologists Talking to Children about COVID-19.
 - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/schoolclimate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resultingfrom-covid-19?ck subscriber id=342989428%C2%A0
- <u>Financial Planning</u> Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
 - https://www.familycredit.org/resources
- National Domestic Violence Hotline 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
 - https://www.thehotline.org/help/
- National Suicide Prevention Lifeline 1 (800) 273 -8255