

Government Resources

Federal Assistance

- <u>Coronavirus Aid, Relief, and Economic Security (CARES) Act</u> To the extent employees are eligible for unemployment for reasons related to COVID-19, as determined by state agencies, additional funds may be available as part of a recent federal law aimed at providing economic recovery. Contact your state unemployment agency for further information.
 - https://www.dol.gov/coronavirus
 - o https://www.dol.gov/coronavirus/unemployment-insurance

Utah Department of Workforce Services

- <u>Unemployment benefits</u> The Department of Workforce Services is closely monitoring the COVID-19 pandemic, under the direction of the Governor's Office. Click on the link below to find unemployment information and resources related to COVID-19.
 - o https://jobs.utah.gov/covid19/

Utah Department of Health

- COVID-19 Update
 - o https://coronavirus.utah.gov/
- COVID-19 Hotline
 - A COVID-19 information line is available by dialing 1-800-456-7707.

Local Resources

Food Assistance

- <u>Granite School District</u> According to the district's website, in situations where a National Emergency
 is declared, the Emergency Food Service is made available to all children. Children can enjoy breakfast
 and lunches at no charge through the programs mentioned above. Click on the link below for
 - https://www.graniteschools.org/blog/2020/03/23/meal-service-faqs/

Utility Assistance

- <u>Rocky Mountain Power</u> According to their website, to support customers experiencing financial hardship or isolation as a result of the pandemic threat, Rocky Mountain Power has temporarily suspended disconnections for non-payment. The company will work with customers who are impacted economically by COVID-19 by waiving late fees and providing payment plans as needed.
 - o https://www.rockymountainpower.net/about/newsroom/service-safety-covid-19.html
- <u>Dominion Energy</u> According to its website, Dominion Energy has temporarily suspended disconnections for nonpayment.
 - https://www.dominionenergy.com/company/coronavirus

Other

- <u>Auntbertha.com</u> Aunt Bertha's network connects people seeking help and verified social care providers that provide services like medical care, job training, food, financial assistance and more.
 - o https://www.auntbertha.com/

Alorica Resources (for Alorica Employees only)

- <u>Employee Assistance Program/Manage Health Network, Inc.</u> Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
 - https://members.mhn.com/web/public/default/MyBenefits
- <u>Virtual Doctor Visit Benefit</u> If you're enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Century Health (MEC) Visit https://member.healthiestyou.com/user/sign-in and click "Register Now" or call 1-866-703-1259
 - o HPI Visit doctorondemand.com/health-plans-inc or call 1-800-997-6196
 - BlueCross BlueShield Visit www.bcbstx.com/member or call 1-800-521-2227
- <u>Alorica PerkSpot</u> PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
 - o https://alorica.perkspot.com/

General Resources

- Centers for Disease Control and Prevention About COVID-19.
 - https://www.cdc.gov/coronavirus/2019-ncov/about/index.html
- World Health Organization Updates on COVID-19.
 - https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen
- National Association of School Psychologists Talking to Children about COVID-19.
 - https://www.nasponline.org/resources-and-publications/resources-and-podcasts/schoolclimate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resultingfrom-covid-19?ck_subscriber_id=342989428%C2%A0
- <u>Financial Planning</u> Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
 - https://www.familycredit.org/resources
- National Domestic Violence Hotline 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
 - https://www.thehotline.org/help/
- National Suicide Prevention Lifeline 1 (800) 273 -8255