



COVID-19 Resource List

Philippines

Government Resources

Republic of the Philippines Department of Health

- [Updates on Novel Coronavirus Disease \(COVID-19\)](#)
 - <http://www.doh.gov.ph/2019-nCoV>
- [Health Insurance Coverage](#) – According to PhilHealth members can benefit from a P14,000 health package if they get quarantined for COVID-19. The total amount will provide P1,000 for each day of isolation. To learn more about the qualifications for this resource click on the link below.
 - <https://www.philhealth.gov.ph/circulars/2020/circ2020-0004.pdf>

Local Resources

Utility Assistance

- [Meralco](#) – On March 16 Meralco announced that its customers can pay their bills 30 days after the due date. To ensure that there will be no energy disruption in your area, the company is also postponing maintenance activities unless necessary, to ensure continuous electricity service.
 - Contact Meralco's hotline, 16211, for immediate concerns.
 - <https://www.meralco.com.ph/>
- [Maynilad](#) – Due to the enhanced community quarantine that is currently being implemented in Luzon, Maynilad has temporarily suspended meter reading and onsite billing activities.
 - Contact the Maynilad hotline, 1626, for more information.
 - <http://www.mayniladwater.com.ph/>

Alorica Resources

- [Intellicare \(HMO\)/Medgate](#) – If you're enrolled in the Alorica medical plans administered by Medgate and don't feel well for any reason, a virtual doctor visit benefit may be available to you.
 - Digital Doctor Visits Contact Information.
 - [Landline](#)
 - Manila – 02 8705 0700
 - Cebu – 032 265 5111
 - Davao – 082 285 5111
 - Dumaguete – 035 522 5111
 - [Mobile](#)
 - [Globe](#)
 - 0917 536 2156
 - [Smart](#)
 - 0917 536 2715
 - 0917 548 7673
 - [Sun](#)
 - 0998 990 7540
 - 0998 990 7541
 - 0998 990 2880
 - 0925 714 7794
 - 0925 714 7793

General Resources

- [World Health Organization](#) – COVID-19 Situation Reports for the Philippines.
 - <https://www.who.int/philippines>
- [National Center for Mental Health](#) – The National Center for Mental Health is dedicated to delivering preventive, curative and rehabilitative mental health care services.
 - Crisis Hotline: 0917-899-USAP (8727) or 989-USAP (8727)
 - Trunk line: (02) 8531-9001 to 10 local 201
- [United Nations Office for the Coordination of Humanitarian Affairs](#) – How to talk to children about COVID-19.
 - <https://reliefweb.int/report/philippines/six-ways-talk-children-about-covid-19>
- [Suicide Hotline](#)
 - (02) 804-HOPE (4673)
- [Domestic Violence Hotline](#)
 - [Department of Social Welfare and Development](#)
 - Batasan Pambansa Complex, Quezon City
Tel. No.: (02) 931-8101 to 07
 - NCR Ugnayan Pag-asa Crisis Intervention Center, Legarda, Manila
Tel. No.: (02) 734-8639/ 734-8654/ 734-8626 to 27
 - [Women and Children Protection Center](#)
Camp Crame, Quezon City
Tel. No.: (02) 410-3213
 - [Violence Against Women and Children Desk](#)
Taft Avenue, Manila
Tel. No.: 523-8231 to 38 / 525-6028