



# COVID-19 Resource List

## Pittsburgh, PA

### Government Resources

#### Federal Assistance

- [Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#) – To the extent employees are eligible for unemployment for reasons related to COVID-19, as determined by state agencies, additional funds may be available as part of a recent federal law aimed at providing economic recovery. Contact your state unemployment agency for further information.
  - <https://www.dol.gov/coronavirus>
  - <https://www.dol.gov/coronavirus/unemployment-insurance>

#### Pennsylvania Department of Labor & Industry

- [Unemployment benefits](#) – If you are employed in Pennsylvania and are unable to work because of Coronavirus disease (COVID-19), you may be eligible for Unemployment or Workers' Compensation benefits. Click on the link below to find more information.
  - <https://pittsburghpa.gov/press-releases/press-releases/3737>

#### Pennsylvania Department of Health

- [Latest information on COVID-19](#) – To receive updates on COVID-19 in the state of Pennsylvania click on the link below.
  - <https://www.health.pa.gov/Pages/default.aspx>

### Local Resources

#### City Assistance

- [City of Pittsburgh](#) – To receive updates on COVID-19 in the city of Pittsburgh click on the link below.
  - <https://pittsburghpa.gov/mayor/covid-updates>

#### Utility Assistance

- [Duquesne Light Co](#) – According to their website, DLC has discontinued service shutoffs and has waived late fees until May 1, 2020.
  - <https://www.duquesnelight.com/company/about/newsroom/feature-stories/2020/dlc-is-committed-to-your-safety-and-our-community>
- [People's Gas](#) – According to their website, People's Gas has many programs that assist their customers with managing their monthly bill. If you need more information on these programs call them at 1-800-400-9276 to learn about your options.
  - <https://www.peoples-gas.com/COVID.php>

## Other

- [Auntbertha.com](https://www.auntbertha.com/) – Aunt Bertha’s network connects people seeking help and verified social care providers that provide services like medical care, job training, food, financial assistance and more.
  - <https://www.auntbertha.com/>

## Alorica Resources (for Alorica Employees only)

- [Employee Assistance Program/Manage Health Network, Inc.](https://members.mhn.com/web/public/default/MyBenefits) – Professional support for emotional, family and other personal matters and guidance on financial and legal issues (register with the company code: Alorica).
  - <https://members.mhn.com/web/public/default/MyBenefits>
- [Virtual Doctor Visit Benefit](#) – If you’re enrolled in the Alorica medical plans administered by Century Health (MEC), HPI or BlueCross BlueShield and don’t feel well for any reason, a virtual doctor visit benefit may be available to you.
  - Century Health (MEC) – Visit <https://member.healthiestyou.com/user/sign-in> and click “Register Now” or call 1-866-703-1259
  - HPI – Visit [doctorondemand.com/health-plans-inc](https://doctorondemand.com/health-plans-inc) or call 1-800-997-6196
  - BlueCross BlueShield – Visit [www.bcbstx.com/member](https://www.bcbstx.com/member) or call 1-800-521-2227
- [Alorica PerkSpot](https://alorica.perkspot.com/) – PerkSpot has some amazing cash-saving opportunities for you such as coupons for groceries and discounts on GrubHub and Postmates, click on the link below for more saving opportunities.
  - <https://alorica.perkspot.com/>
- [PayActiv \(US Employees only\)](https://www.payactiv.com/employees/) – Alorica employees have the option to sign up for PayActiv which gives employees the opportunity to get financial relief between paychecks. To learn more about PayActiv click on the link below.
  - <https://www.payactiv.com/employees/>

## General Resources

- [Centers for Disease Control and Prevention](https://www.cdc.gov/coronavirus/2019-ncov/about/index.html) – About COVID-19.
  - <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>
- [World Health Organization](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen) – Updates on COVID-19.
  - <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen>
- [National Association of School Psychologists](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck_subscriber_id=342989428%C2%A0) – Talking to Children about COVID-19.
  - [https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck\\_subscriber\\_id=342989428%C2%A0](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck_subscriber_id=342989428%C2%A0)
- [Financial Planning](https://www.familycredit.org/resources) – Every day you make many decisions about how to spend your money. Whether your grocery shopping, driving to work, paying bills or just watching TV, there are small things you can do to spend less. This booklet has 100 ways to help you start saving money today.
  - <https://www.familycredit.org/resources>
- [National Domestic Violence Hotline](https://www.thehotline.org/help/) – 1 (800) 799-7233 (SAFE) or TTY 1 (800) 787-3224.
  - <https://www.thehotline.org/help/>
- [National Suicide Prevention Lifeline](https://www.suiceline.org/) – 1 (800) 273-8255